

SKATE **REGINA**

Providing Opportunity. Inspiring Passion. Building Excellence.

2020 Summer Jr Prep Program

5 Weeks - July 6th to August 13th, 2020

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What is the Jr Prep program?

The Jr Prep program offers opportunities to skaters who are currently at a level of skating from Stage 4 CanSkate to STAR 1.

Skaters will:

- Develop fundamental figure skating skills
- Learn figure skating skills in a small group lesson format and in a progressive and sequential manner
- Have the opportunity to arrange private lessons, take Skate Canada tests
- Use the program as a springboard towards the STARSkate or the Competitive streams of figure skating
- Maintain and develop your current skills
- Meet new friends & have fun!







Schedule* - Weeks 1 and 3 (weeks beginning July 6th and July 20th. No Jr Prep Program on week 2)

Ice session - 9am to 9:45am Monday to Friday

Schedule* - Week 4 (July 27th to 30th - no skating Friday July 31st)

Ice session - 9am to 9:45am Monday to Thursday

Schedule* - Week 5 (August 4th to 7th - no skating Monday August 3rd)

Ice session - 9am to 9:45am Tuesday to Friday

Schedule* - Week 6 (August 10th to 13th - no skating Friday August 14th)

Ice session -10am to 10:45am Monday to Thursday

Jr Prep Program Group Rate

Weekly rate for weeks 1 and 3 = \$150, weekly rate for weeks 4, 5 and 6 = \$120

Additional Information

Level of Skating Guideline: The program is designed for Canskate 4 to STAR 1 skaters.

Final groupings will be at the discretion of the summer school directors based on skaters registered and any COVID restrictions.

The Jr Prep Group program includes: 1 daily ice session and all coaching instruction in a group setting

Purchase of additional ice sessions: Skaters at the Junior Prep level may purchase additional ice time to have private lessons with a coach of their choice. The cost of the additional sessions will be \$110.00 per 5 day week (1 x 45 min. session per day) and \$90.00 per 4 day week (1 x 45 min. session per day) and is only available when a skater has already purchased one week at the Jr Prep group rate listed above. The additional session cost is for ice time only, your coach will bill you separately for your lessons at their respective private lesson rate. You will be able to purchase this ice time for private lessons during all 6 weeks of the summer school. For further information on purchasing additional sessions, please contact Skate Regina or Vicki Schultz.

<u>To Register:</u> Please visit the homepage of the skateregina.ca website for registration instructions. Due to the limited spots available for the school, the spots are granted on a first come, first served basis.